

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Option 1

Roast Chicken with
Roast Potatoes and
Gravy **(No Stuffing)**

NGCI Fish Fingers
with Chips and
Tomato Sauce

Option 2

**NGCI Macaroni
Cheese
(No Garlic Bread)**

Vegan Sausage
(No Hot Dog Bun) with
Potato Wedges

**Tomato Arrabiata Sauce
#V121 with NGCI Pasta
(No Garlic Bread)**

Vegetables

Green Beans
Carrots

Coleslaw
Sweet Corn

Cauliflower
Broccoli

Roasted Mixed
Vegetables

Baked Beans
Garden Peas

Dessert

NGCI Crumble Topping
with Sticky Toffee Apple
Filling and Custard

Mandarin
Jelly

**NGCI Chocolate Italian
Cake**

NGCI Vanilla Shortbread

Fresh Fruit

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Option 1

**NGCI Cheese and
Tomato Pizza** with New
Potatoes

**NGCI Macaroni Beef
Pasta Bake**

Roast Turkey with Roast
Potatoes and Gravy

Mediterranean Chicken
with Rice

NGCI Fish Fingers with
Chips and
Tomato Sauce

Option 2

Vegetable Tagine
with New Potatoes
(No Couscous)

Roasted Cauliflower
Curry with Rice

Roasted Quorn Fillet
with Roast Potatoes
and Gravy

Vegetables

Green Beans
Cauliflower

Sweet Corn
Garden Peas

Cabbage
Carrots

Sweet Corn
Broccoli

Baked Beans
Garden Peas

Dessert

NGCI Crumble Topping
with Pears and Custard

**NGCI Chocolate
Shortbread**

**NGCI Vanilla
Shortbread**

NGCI Italian Cake with
Peaches

Fresh Fruit

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

Option 1

Roast Beef with Roast
Potatoes and Gravy

**NGCI Chicken and
Broccoli Pasta Bake**

NGCI Fish Fingers
with Chips and
Tomato Sauce

Option 2

Vegan Meatballs in
Tomato Sauce with
Rice

Shepherdess Pie
with Gravy – **check
recipe on site is with no
lentils**

BBQ Quorn
with Chips

Vegetables

Broccoli
Sweet Corn

Garden Peas
Carrots

Carrot and Swede
Mash

Green Beans
Cauliflower

Baked Beans
Garden Peas

Dessert

NGCI Italian Cake with
Apples and Custard

**NGCI Italian Chocolate
Cake** with Chocolate
Sauce

Fruit and Ice Cream

Rice Pudding with
Mixed Berries

NGCI Italian Cake with
Pineapple

**Available
Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese with Garlic Slice	Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	
Vegetables	Green Beans Carrots	(No Coleslaw) Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	NGCI Italian Vanilla Cake	Oaty Cookie	Apple, Cheese and Biscuits

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice		Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Pinwheel Cookie	NGCI Italian Vanilla Cake with Peaches	Apple Flapjack

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

Option 1	Vegetarian Tortilla Stack with Rice		Roast Beef with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy		Vegetable Enchiladas	
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	NGCI Italian Vanilla Cake with Apple	NGCI Chocolate Italian Cake with Chocolate Sauce	Fruit and Ice Cream Pinwheel Cookie	Rice Pudding with Mixed Berries	NGCI Italian Vanilla Cake with Pineapple

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Wokingham Borough Council Autumn Menu 2021

Milk Free

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy		MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2		Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble (No Custard)	Mandarin Jelly	Marble Sponge	Oaty Cookie	Fresh Fruit

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Option 1			Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy		Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble (No Custard)	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

Option 1		Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy	Jacket Potato with Baked Beans	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy		BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding (No Custard)	Chocolate Sponge No Chocolate Sauce)	Fresh Fruit (No Ice Cream) Pinwheel Cookie	Fresh Fruit	Pineapple Cake

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese with Garlic Slice	Vegan Sausage (No Hot Dog Roll) with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	Homity Pie with Chips (Cheese, Spinach and Potato Tart)
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Marble Sponge	Oaty Cookie	Apple, Cheese and Biscuits

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Enchiladas	BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding and Custard	Chocolate Sponge with Chocolate Sauce	Fruit and Ice Cream Pinwheel Cookie	Rice Pudding with Mixed Berries	Pineapple Cake

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Milk and Soya Free Wokingham Borough Council Autumn Menu 2021

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy		MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2		Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta (No Garlic Bread)	
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble (No Custard)	Mandarin Jelly	Marble Sponge	Oaty Cookie	Apple and Biscuits (No Cheese)

Week Two
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Option 1			Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine With Rice (No Couscous)	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy		Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble (No Custard)	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

Week Three
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021

Option 1		Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy		MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice		Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Enchiladas (No Cheese)	BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding (No Custard)	Chocolate Sponge (No Chocolate Sauce)	Fruit (No Ice Cream) Pinwheel Cookie	Fresh Fruit	Pineapple Cake

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)

- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.