

Wokingham Borough Council Spring Menu 2022





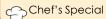
Or a choice of Yoghurt & Fresh Fruit available daily

Added Plant Power



Vegan





Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of

> cross contamination.

caterlink		Wokingham Borough Council Spring Menu 2022 – Sesame Free wokingham				
feeding the imag	jination	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Tomato& Vegetable Pasta	Jerk Chicken with Rice	Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice	Breaded Fish with Chips & Tomato Sauce
Week One 03/01/2022 24/01/2022	Option 2	Spanish Omelette with New Potatoes	BBQ Quorn Fillet with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Noodles	Vegan Mexican Roll with Chips & Tomato Sauce
14/02/2022 14/03/2022	Vegetables	Cucumber Rainbow Slaw	Sweet Corn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
04/04/2022	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack 🍈 🖜	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream
			Or a choice	of Yoghurt & Fresh Fruit avo	ailable daily	
	Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fish Fingers or Salmon Fish Fingers with Chips & Tomato Sauce
Week Two 10/01/2022 31/01/2022	Option 2	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes, Stuffing,& Gravy	Vegan Burger (NO BUN) with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips
28/02/2022 21/03/2022	Vegetables	Sweet Corn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweet Corn	Peas Baked Beans
21,00,2022	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers
		Or a choice of Yoghurt & Fresh Fruit available daily				
	The Party of the P					
	Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausages (NO BUN) with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
Week Three 17/01/2022 07/02/2022	Option 2	Cheese & Tomato Pizza	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausages (NO BUN) with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
07/02/2022 07/03/2022 28/03/2022	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweet Corn	Carrot Broccoli	Sweet Corn Tomato Salsa	Peas Baked Beans
26/03/2022	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread 🍣
			Or a choice of Yoghurt & Fresh Fruit available daily			

Vegan

Wholemeal

Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross

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	eeding the imag		Monday	Tuesday	Wednesday	Thursday	Friday	
		Option 1	Tomato& Vegetable Pasta	Jerk Chicken with Rice	Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice	Breaded Fish with Chips & Tomato Sauce	
	Week One 03/01/2022	Option 2	Jacket Potato with a choice of fillings	BBQ Quorn Fillet with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Jacket Potato with a choice of fillings	Vegan Mexican Roll with Chips & Tomato Sauce	
M. A. V. I. V. S.	24/01/2022 14/02/2022	Vegetables	Cucumber Rainbow Slaw	Sweet Corn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans	
	14/03/2022 04/04/2022	Dessert	NGCI Italian Vanilla Cake with Custard	Apple & Raising Apple & Rapjack	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream	
MUNICIPAL				Or a choice	of Yoghurt & Fresh Fruit avo	ailable daily		
No.						NAME OF THE OWNER OWNER OF THE OWNER OWNE		
THE PERSON		Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chick Jollof Rice	Fish Fingers or Salmon Fish Fingers with Chips & Tomato Sauce	
	Week Two 10/01/2022 31/01/2022 28/02/2022 21/03/2022	Option 2	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes, Stuffing,& Gravy	Vegan Burger in a Bun with Wedges & Toma Sauce	Cheese & Bean Pasty with Chips	
		Vegetables	Sweet Corn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweet Corn	Peas Baked Beans	
		Dessert	Apple & Berry Crumb	NGCI Italian Vanilla Cake	Fresh Fruit & Yoghurt Station	NGCI Italian Chocolate Cake with Chocolate Sauce	Apple, Cheese & Crackers	
Name of the last								
	Complete State of the			ala l		and the second s		
STATE AND ADDRESS OF		Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce	
	Week Three 17/01/2022	Option 2	Cheese & Tomato Pizza	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hota Dog with Potato Wedges	Jacket Potato with a choice of fillings	
	07/02/2022 07/03/2022	Vegetables	Green Beans Carrot & Beetroot Slaw	Mixed Vegetables Sweet Corn	Carrot Broccoli	Sweet Corn Tomato Salsa	Peas Baked Beans	
The Carlotte Barre	28/03/2022	Dessert	NGCI Italian Vanilla Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	NGCI Italian Vanilla Cake with Custard	Chocolate Shortbread	
			Or a choice of Yoghurt & Fresh Fruit available daily					

Vegan

(iii) Wholemeal

Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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cross contamination.

Ca	aterli	nk	Wokingham Borough Council Spring Menu 2022 – MILK Free					
The Park Street, Square, or other parks.	ling the imag	jination	Monday	Tuesday	Wednesday	Thursday	Friday	
	Week One 03/01/2022 24/01/2022	Option 1	Tomato& Vegetable Pasta (NO CHEESE)	Jerk Chicken with Rice	Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice	Breaded Fish with Chips & Tomato Sauce	
03		Option 2	Spanish Omelette with New Potatoes (NO MILK)	BBQ Quorn Fillet with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Noodles	Vegan Mexican Roll with Chips & Tomato Sauce	
14	/02/2022 -/03/2022	Vegetables	Cucumber Rainbow Slaw	Sweet Corn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans	
	04/04/2022	Dessert	Carrot & Courgette Cake	Apple & Raisin Flapjack 🍈 🖜	Fresh Fruit (NO YOGHURT)	Orange & Cinnamon Cookie	Peaches (NO ICE CREAM)	
				Or a ch	noice of Fresh Fruit available	le daily		
PACE NO.					PART OF THE PART O			
	Week Two 10/01/2022 31/01/2022 28/02/2022 21/03/2022	Option 1	Jacket Potato with a choice of fillings	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fish Fingers or Salmon Fish Fingers with Chips & Tomato Sauce	
10		Option 2	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes, Stuffing,& Gravy	Vegan Burger in a Bun with Wedges & Tomato Sauce	Jacket Potato with a choice of fillings	
28		Vegetables	Sweet Corn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweet Corn	Peas Baked Beans	
21		Dessert	Apple & Berry Crumb(() (NO ICE CREAM)	Lemon Drizzle Cake	Fresh Fruit (NO YOGHURT)	Chocolate & Beetroot Brownie (NO CHOCOLATE SAUCE)	Apple & Crackers (NO CHEESE)	
			Or a choice of Fresh Fruit available daily					
			Marin Marin San Contract of the Contract of th					
	Week Three 17/01/2022	Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce	
17		Option 2	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Jacket Potato with a choice of fillings	
07	7/02/2022 7/03/2022 8/03/2022	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweet Corn	Carrot Broccoli	Sweet Corn Tomato Salsa	Peas Baked Beans	
20	/ 03/ 2022	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit (NO YOGHURT)	Pineapple Loaf (NO CUSTARD)	Chocolate Shortbread	
				Or a cl	hoice of Fresh Fruit availabl	e daily		

Vegan

(§) Wholemeal

Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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caterli	nk	Wokingham Borough Council Spring Menu 2022 – SOYA Free wokingham Borough Council Spring Menu 2022 – SOYA Free				
feeding the imag	gination	Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Tomato& Vegetable Pasta	Jerk Chicken with Rice	Roast Beef, Roast Potatoes & Gravy	Jacket Potato with a choice of fillings	Breaded Fish with Chips & Tomato Sauce
Week One 03/01/2022 24/01/2022	Option 2	Spanish Omelette with New Potatoes	BBQ Quorn Fillet with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Noodles	Vegan Mexican Roll with Chips & Tomato Sauce
14/02/2022 14/03/2022	Vegetables	Cucumber Rainbow Slaw	Sweet Corn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
04/04/2022	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack 🍈 🆜	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream
			Or a choice	of Yoghurt & Fresh Fruit av	ailable daily	
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	Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fish Fingers or Salmon Fish Fingers with Chips & Tomato Sauce
Week Two 10/01/2022 31/01/2022	Option 2	Vegetable Curry with Rice	Jacket Potato with a choice of fillings	Roast Quorn, Roast Potatoes, Stuffing,& Gravy	Vegan Burger in a Bun with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips
28/02/2022 21/03/2022	Vegetables	Sweet Corn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweet Corn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers
		Or a choice of Yoghurt & Fresh Fruit available daily				
	and the said to be a second	(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)				
	Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
Week Three 17/01/2022 07/02/2022	Option 2	Jacket Potato with a choice of fillings	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
07/02/2022 07/03/2022 28/03/2022	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweet Corn	Carrot Broccoli	Sweet Corn Tomato Salsa	Peas Baked Beans
20/03/2022	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread 🔷
			Or a choice	of Yoghurt & Fresh Fruit av	ailable daily	

Vegan

(iii) Wholemeal



Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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Wokingham Borough Council Spring Menu 2022 – Fish Free



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	feeding the imag	jination	Monday	Tuesday	Wednesday	Thursday	Friday
E.	ACCRECATION OF THE PARTY OF THE						
では、	Week One	Option 1	Tomato Pasta	Jerk Chicken with Rice	Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice	
	03/01/2022	Option 2	Spanish Omelette with New Potatoes	BBQ Quorn Fillet with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Sweet & Sour Noodles	Vegan Mexican Roll with Chips & Tomato Sauce
	24/01/2022 14/02/2022	Vegetables	Cucumber Rainbow Slaw	Sweet Corn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
STATE OF	14/03/2022 04/04/2022	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream
				Or a choi	ce of Yoghurt & Fresh Fruit avail	able daily	
		Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	
The second	Week Two 10/01/2022 31/01/2022 28/02/2022 21/03/2022	Option 2	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Roast Quorn, Roast Potatoes, Stuffing,& Gravy	Vegan Burger in a Bun with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips
		Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweet Corn	Peas Baked Beans
		Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers
				Or a choi	ce of Yoghurt & Fresh Fruit avail	able daily	
		Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	
	Week Three 17/01/2022	Option 2	Cheese & Tomato Pizza	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	07/02/2022 07/03/2022 28/03/2022	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweet Corn	Carrot Broccoli	Sweet Corn Tomato Salsa	Peas Baked Beans
T. B.S.	26/03/2022	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread
No. of Lot				Or a choi	ce of Yoghurt & Fresh Fruit avail	able daily	
				Washington Complete			

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (No Tuna Mayonnaise)

- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross



Wokingham Borough Council Spring Menu 2022 Soya and Lentil free



feeding the imagination		Monday	Tuesday	Wednesday	Thursday	Friday			
F13 E									
		Option 1		Jerk Chicken with Rice	Roast Beef, Roast Potatoes & Gravy		Breaded Fish with Chips & Tomato Sauce		
	Week One 03/01/2022 24/01/2022	Option 2	Spanish Omelette with New Potatoes			Sweet & Sour Noodles	Vegan Mexican Roll with Chips & Tomato Sauce		
	14/02/2022 14/03/2022	Vegetables	Cucumber Rainbow Slaw	Sweet Corn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans		
SALL PARTY	04/04/2022	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream		
				Or a choic	ce of Yoghurt & Fresh Fruit avail	lable daily			
300						The Manual Manual			
THE STATE OF		Option 1	Macaroni Cheese		Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce		
	Week Two 10/01/2022	Option 2		Jacket Potato with Baked Beans, Tuna Mayonnaise or Cheese		Vegan Burger in a Bun with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips		
	31/01/2022 28/02/2022 21/03/2022	Vegetables	Sweet Corn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweet Corn	Peas Baked Beans		
STRUMBA	,,,,	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers		
N			Or a choice of Yoghurt & Fresh Fruit available daily						
			THE RESERVE						
CINE CAN		Option 1	Jacket Potato with Baked Beans, Tuna Mayonnaise or Cheese	Chicken Fajitas with Rice	Roast Turkey, Roast Potatoes & Gravy		Fish in Batter with Chips & Tomato Sauce		
	Week Three 17/01/2022 07/02/2022	Option 2		Vegetable Enchiladas with Rice		Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce		
	07/03/2022 28/03/2022	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweet Corn	Carrots Broccoli	Sweet Corn Tomato Salsa	Peas Baked Beans		
		Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread		
				Or a choice of Yoghurt & Fresh Fruit available daily					
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Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Daily salad selection

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